SUMMARY OF COVID-19 SITUATION—Report # 22

International: May 5, 2020 is World Hand Hygiene Day and as such the United Nations International Children’s Emergency Fund (UNICEF) is mobilizing global risk communication and community engagement (RCCE ) partners to scale up handwashing outreach for COVID-19 prevention and operationalization of the Interim Recommendations on Obligatory Hand Hygiene Against Transmission of COVID-19.

Current evidence indicates that the COVID-19 virus is transmitted through respiratory droplets or contact. Contact transmission occurs when contaminated hands touch the mucosa of the mouth, nose, or eyes; the virus can also be transferred from one surface to another by contaminated hands, which facilitates indirect contact transmission. Consequently, hand hygiene is extremely important to prevent the spread of the COVID-19 virus. It also interrupts transmission of other viruses and bacteria causing common colds, flu and pneumonia, thus reducing the general burden of disease.

National: On May 5, 2020 the Office of the President of FSM Facebook Page shared today that International Air Carrier Flights on May 9th, May 20th, & May 21st will not result in the arrival of passengers but rather FSM citizens who permanently reside abroad and medical referral patients may depart if they have proper documentation. Proper documentation may include:

1. A letter from one’s employer;
2. A bill for services such as power, rent, or other utilities;
3. A company ID card or employee ID card;
4. A lease agreement; and/or
5. A U.S. State identification card, IF such a card identifies an FSM citizens’ permanent address in that jurisdiction.

A driver’s license may be used to augment the above documentation but cannot be the main document as some foreign jurisdictions do not require residency to get a license.

FSM citizens travelling for medical referral will need to bring with them appropriate paperwork from their medical service provider. Any citizen who is not carrying proper documentation, as determined by FSM Immigration officers at the time of departure, will not be allowed to leave the FSM.

Local: The Yap DHS has noticed that since the Governor’s lifting of school closures and the curfew, people visiting the hospital are slowly going back to their old habits. People are visiting the hospital in groups, not adhering to the 6ft social distancing, creating a mass gathering situation and not wearing masks. This creates a risky situation for all who visit and all who work at the hospital.

COVID-19 may not be in Yap yet, but now is the time to start and continue to practice the safety measures being required of everyone globally and locally on the island of Yap so that it becomes second nature and the “new norm”.

This includes social and physical distancing of 6ft between people; no mass gatherings; practicing of proper cough/sneeze etiquette; regular hand washing with soap and clean water for at least 20 seconds; use of hand sanitizer with at least 60% alcohol or more when you do not have water and soap and wearing of face mask when in public especially where there is a group of people, like at the hospital. Face masks can be home made. Something is better than nothing.

Starting May 6, 2020, the Division of Public Health’s Immunization team will be visiting parents and families of select children who are not up to date on their MMR vaccine. The MMR vaccine is for measles, mumps and rubella. Vaccines Save Lives!

Important points to remember. Signs and symptoms of COVID-19 can be any or all of the following: Runny Nose and/or Dry Cough and/or Sore throat for 3-4 days and/or Generalized body pain and/or Shortness of Breath and/or Fever and/or Diarrhea and more recently loss of taste and/or smell.

Call the COVID-19 Hotline on 350-4161 if you feel or fall sick with any one of the above symptoms before you go to the hospital for advice and further instructions.

FOR REGULAR COVID-19 UPDATES

Radio: V6AI 1494 AM (Mon., Wed., Fri.) 8:45am in English. 9:45am and every hour after till 10.45pm in local languages; & 5pm News Bulletin. Also check out https://www.facebook.com/Waab-Community-Health-Center-554531107958008